

"XIII PREMI INTERNACIONAL D'ORIENTACIÓ VII TROFEO CIUDAD DE REQUENA

World ranking Event Liga española O-pie

Comunitat Valenciana

COMUNITAT DE L'ESPORT







@requenaiove



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XIII PREMI INTERNACIONAL D'ORIENTACIÓ DE LA COMUNIDAD VALENCIA WRE -VII TROFEO CIUDAD DE REQUENA.

This name was given to the international event that the Orienteering Federation of the Valencia Regional Community, henceforth – FEDOCV and S.D. Correcaminos, under the protection of the International Orienteering Federation, henceforth – IOF and the Spanish Orienteering Federation, henceforth - FEDO organize the days 8, 9 and 10 March 2024 in Requena.

The Orienteering Federation of the Valencia Regional Community – FEDOCV and S.D. Correcaminos have in Requena since 1957, an historical role in the organization of events, either regional, national or international, meaning that high-level activities have taken place for years up to the BTT Orienteering Championship in 2016 in Los Duques and the WRE International League trial in Hortunas in 2019.

During these 27 years of collaboration, the Municipality of Requena has, in six editions, granted the title of "Trophy Ciudad de Requena" to the most relevant orienteering competitions. It is therefore significant to mention that the sport of Orienteering nationwide celebrates **25 years** since that first edition of the Spanish League that took place on 10 and 11 April 1999.

On this occasion, giving more quality to this event, the events will be taken into account for the "XIII Orienteering Trophy of the Valencia Regional Community which is organized by the CV Orienteering Federation – FEDOCV.

Given the geographical situation of the venue, the actual terrain where the event will take place and the easy access from the race area to the near city make these 3 competitions such a special treat.

More than 1.500 participants are expected from all parts, both national and international, ranging from the ages of 10 to 90.

We are thus inviting you to participate in this first-rate event, which will, without doubt, discover to all the singularity of Requena, its territory and its woodlands, demonstrating the many possibilities of this area as to the practice of the Orienteering sport.











Luis Cervera Torres, Sporting Director

It is an honor and a pleasure to welcome you to the "XIII Premi Internacional d'Orientació Comunitat Valenciana 2024 - VII Trofeo de Orientación Ciudad de Requena" (XIII International Orienteering Prize Valencia Community 2024 - VII City of Requena Orienteering Trophy) which will be held in Requena on March 8th, 9th, and 10th, 2024, organized by the Federación del Deporte de Orientación de la Comunitat Valenciana - FEDOCV - (Valencia Community Orienteering Sports Federation) and SD Correcaminos, under the auspices of the IOF and FEDO.

With the participation of more than 1.500 competitors, this event presents a unique opportunity to test your orienteering skills in a unique environment. Requena, with its impressive history and landscapes, provides a magnificent backdrop for this competition. We would like to express our sincere gratitude to the Federación del Deporte de Orientación de la Comunitat Valenciana (Valencia Community Orienteering Sports Federation) for their dedication and effort in organizing this event, which year after year exceeds the highest expectations.

I would also like to thank the City Council of Requena for granting the title of "Trofeo Ciudad de Requena" coinciding with the 25th anniversary of the Spanish League.



I wish all competitors good luck and success in their courses. May this competition be an opportunity to enjoy sports and nature in a natural

environment that we are very proud of, and that it is our responsibility to care for and improve through initiatives like this.

Rocío Cortés Grao, Alcaldesa de Requena

Dear participants, it is a great pleasure for me, as Mayor of Requena, to welcome you at the XIII International Orienteering Award of the Valencian Community 2024, VII Award of Orienteering of Requena City, and the 4th Challenge of the Spanish Orienteering Competition, all of them to be held at Requena on 8th to 10th March, 2024; an important news which reaffirms our municipal compromise with qualitative sport events..

Our special gratitude to the Sportive Society Correcaminos, to the Spanish Federation of Orienteering, and to the Orienteering Federation of the Valencian Community, for their firm support for Requena and its environment. We all are proud to be hosts and in consequence, the Requena Municipality has been totally linked to the overall Organization to ensure the deserved success. A common work well done which deserves and counts with my total recognition and support.

We invite you to take advantage of this sportive event to visit Requena: walking along its streets, museums, monuments, roads and paths, excellent gastronomy and the



best wines and cavas(*). A special and unique road you can not miss..

(*) cava is the most similar wine to Champagne, but obviously it can not take its name.

We wish you to enjoy this sportive event as much as we do when presenting it.

Welcome to Requena!



Our sporting event will consist of **3 competitions (Middle Distance, Long Distance and Sprint)**, all of which are included in the FootO Spanish League and all are also valid for the World Ranking for the Orienteering Sport (WRE). The final classification will be the sum of the scores of all **3** competitions.

DATE	CATEGORY	LOCATION
Friday 08/03/2024	MODEL EVENT	Next bulletin
Saturday 09/03/2024	Middle distance	LA PORTERA
Saturday 09/03/2024	SPRINT	REQUENA
Sunday 10/03/2024	Long distance	LA PORTERA

CASH PRIZES: The first 3 classified in the category M/W ÉLITE will obtain an economic compensation.

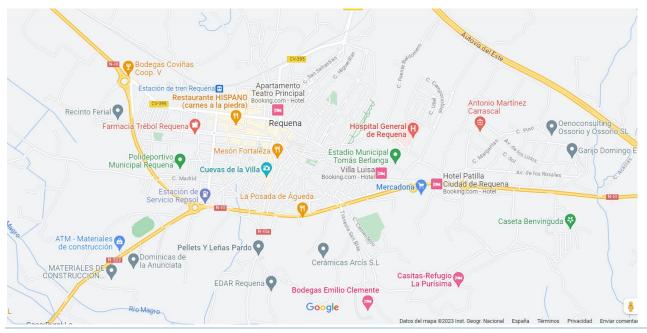
PRIZES: 3 first scored runners of M/W ELIT will receive the following amount:

1st M/W ELIT	2nd M / W ELIT	3rd M / W	1º First spanish
300€	200€	100€	runner 150€ (accumulative)

LOCATION

REQUENA is located in the western part of the province of Valencia, where the Gabriel river limits it on the west and south sides with profound gorges; and the east and north sides with the Juan Navarro mountain chain and the peak called El Tejo (1.250 m.) which separates it from the Turia mountain chain.

The Magro river is the principal geographic factor of the flatland, where large growing areas are to be found, especially vineyards, basis of the local economy.



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HOW TO ACCESS:

BY PLANE

Manises Airport (Valencia) 30 minutes

BY TRAIN

Requena has two train stations. The first one, within the city area, services the Short Distance routes and the Regional routes also. The second one, and the most recent, the High Speed Station Requena-Utiel, which is located in the village of San Antonio, at 5.5 kilometres from the centre of the city of Requena. A total of 8 High Speed trains a day stop at that station, four going to Valencia and other four going to Madrid. Thanks to these High Speed trains, the travel time between Requena and Valencia is reduced to 23 minurtes while you can reach Madrid within one hour and 27 minutes.

BY BUS

There are regular bus lines between Requena and Valencia, as well as between Requena and other towns of its district. There are buses and trains that leave for Valencia, Madrid and Albacete at regular intervals.

BY CAR

National Highway III Madrid-Valencia Expressway Madrid-Valencia (A3) Highway 332 Valencia-Còrdoba Highway 330 Murcia-Zaragoza

FORBIDDEN AREA

According to the rules of the FootO Spanish League, once the competition has been approved, the area where the event will take place is forbidden for any orienteering activity until the day of the race.





REGULATIONS

The sporting event must obey the rules and regulations of the International Orienteering Federation (IOF) and the Spanish Orienteering Federation (FEDO).

- Enlace: <u>Rules spanish league 2024</u>
- Link: <u>Regulations of Foot orienteerig</u>
- Link: INTERNATIONAL SPECIFICATIONS CONTROL DESCRIPTIONS
- ▲ Link: <u>COMPETITION RULES IOF WRE 2024</u>

TIMING SYSTEM

R	The SPORTident and SPORTident Air+ systems will be used for all events. SIAC can be used. SI-cards numers 6-8,9,10, 11 are permitted and also ComCard.
	Results will be published in https://liveresultat.orientering.se/ Radio control information will be informed during the race in some controls Printed results won't be published in the competition centre. MIDDLE SPRINT
	The event will be broadcast by streaming so that you can follow it from anywhere in the world and not miss any detail. In addition, a giant screen at the finish line of the 3 races to follow the live broadcast in a large format
TRACKS	All competitors will be able to upload the tracks to the platforms: O-Track and Livelox.
GPS	Some M/F-Elite competitors will be assigned GPS devices. The list of athletes will be published along with the departure times.



PROGRAMME

Friday, March 8 20	024
10 am to 6 pm	Training for Model Event (The map of the model race can be downloaded from this <u>website</u>)
6 pm to 10pm	Delivery of bib numbers for foreigners anf open.
Saturday, March 9	2024 (LA PORTERA and REQUENA)
8:00 am	Opening of the Competition Centre (Delivery of bib numbers for foreigners and open)
9:30 am to 11:30am	Start of the runners of the Middle Distance
1:30 pm	Closing of the Middle Distance Finish Line and Awards Ceremony (WRE)
3:30 pm to 5:30 pm	Salidas de corredores (Sprint).
6:20 pm	Closing of the Sprint Finish Line
6:30 pm	Awards Ceremony (WRE) Sprint
Sundat, March 10	2024 (LA PORTERA)
8:00	Opening of the Competition Centre.
9:00 am to 11:30am	Start of the runners of the Long Distance.
12:00 – 1:30pm	BABYRACE (for children under 8 years of age). Attractive and easy route for the little ones, located in the immediate vicinity of the finish line
1:30 pm	WRE Awards Ceremony and XIII International Orienteering Prize
3:30 pm	Closing of the Long Distance Finish Line.

REGISTRATIONS

REGISTRATION DEADLINES

For foreigners (IOF):	From 2/11/2023 (ORIENTEERINGONLINE)
For federated and non-federated	From 8/01/2024 to 26/02/24 (no surcharge)
athletes:	From 27/02/24 to 29/02/24 (with surcharge)
DEFINITE closing of registrations:	29/02/2024 at 23:59 h.

"Only registrations for the OPEN category will be accepted on the days of the race, and only if maps are still available"

ENREGISTRATION LINKS

FEDERATED/NON FEDERATED From 08.01.2024 (SICO) NON FEDERATED FOREIGNERS From 02.11.2023 (ORIENTEERINGONLINE)



IMPORTANT: The participants of the World Ranking Event (WRE), at the moment of their registration, must show the WRE ID. If not, the results obtained will not be included in the WRE.

REGISTRATION FEES

FOR FEDERATED (FEDO/FPO)					
Event	M/W Élite y M/W 21-70	M/W 12-20 U-10	Amarillo	Naranja/Rojo/Negro	
Long/Middle	12€	8€	8€	12€	
Sprint	8€	8€	8€	8€	
FOREIGNERS (IOF CLUBES)					
Event	M/W Élite y M/W 21-70	M/W 12-20 U-10	Amarillo	Naranja/Rojo/Negro	
Long/Middle	14 €	11€	11€	14 €	
Sprint	14 €	11 €	11€	14 €	
	ESF	PAÑOLES NO FED	ERADOS		
Event	M/W Élite y M/W 21-70	M/W 12-20 U-10	Amarillo	Naranja/Rojo/Negro	
Long/Middle	*	*	11€	15 €	
Sprint	*	*	11€	11€	

*ONLY THE FEDERATED ATHLETES FEDO/FPO AND FOREIGNERS (CLUBS IOF) ARE ALLOWED TO PARTICIPATE IN THE OFFICIAL CATEGORIES.

SERVICE	FEES
Hard floor	4€
SPORTident SIAC rental	3€/day
Change of SPORTident number	O € before entries deadline. 3 € after entries deadline 5 € during the competition,

PAYMENT

By wire transfer to the FEDOCV account:

IBAN: ES53 2100 5808 0113 0011 9886 SWIFT - BIC: CAIXESBBXXX

Send proof of payment and demand of an invoice to: info@fedocv.org

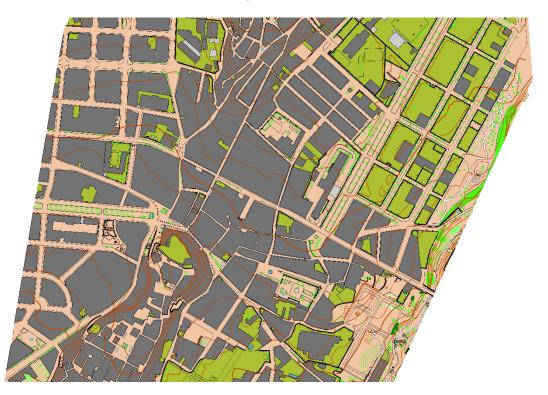


OLD MAPS

Middle and Long distance



Sprint





Official classes	
U-10	Date of birth 2014 or later (unisex)
M/W12	Date of birth 2012 or later.
M/W-14	Date of birth 2010 or later.
M/W-16/18	Date of birth 2006 or later.
M/W-16	Date of birth 2008 or later.
M/W-18E	Date of birth 2006 or later.
M/W-20E	Date of birth 2004 or later.
M/W-E	Elit. No limit
M/W-21A	No limit
M/W-21B	No limit
M/W-35A	Date of birth 1989 or before.
M/W-35B	Date of birth 1989 or before.
M/W-40	Date of birth 1984 or before.
M/W-45	Date of birth 1979 or before.
M/W-50	Date of birth 1974 or before.
M/W-55	Date of birth 1969 or before.
M/W-60	Date of birth 1964 or before.
M/W-65	Date of birth 1959 or before.
M/W-70	Date of birth 1954 or before.
M/W-75	Date of birth 1949 or before

Open classes	Difficulty			
OPEN AMARILLO	Easy orienteering and short distance (for children)			
OPEN NARANJA	Easy difficulty / Middle distance			
M/W - OPEN ROJO	Medium difficulty / Middle distance			
M/W - OPEN NEGRO	Medium difficulty / Long distance			



DISTANCE AND CLIMB (MIDDLE)

COURSE	Distance	Climb	Control	Scale	Start
COOKSE	(Km)	(m)	points	Julie	Start
ME	5,80	165	22	1:10.000	S1
FE	4,70	135	18	1:10.000	S1
U10	2,20	20	9	1:7.500	S1
M12	2,40	30	12	1:7.500	S1
F12	2,40	30	11	1:7.500	S1
M14	2,60	40	10	1:10.000	S1
F14	2,50	35	10	1:10.000	S1
M16-18	2,70	50	11	1:10.000	S1
F16-18	2,50	45	11	1:10.000	S1
M16	3,50	90	14	1:10.000	S1
F16	3,00	65	13	1:10.000	S1
M18E	4,20	115	15	1:10.000	S1
F18E	3,70	75	14	1:10.000	S1
M20E	4,80	130	18	1:10.000	S1
F20E	3,90	95	14	1:10.000	S1
M21A	4,10	110	15	1:10.000	S1
F21A	3,60	75	14	1:10.000	S1
M21B	3,10	75	14	1:10.000	S1
F21B	2,80	75	13	1:10.000	S1
M35A	4,50	110	17	1:10.000	S1
F35A	3,70	80	14	1:10.000	S1
M35B	3,10	70	14	1:10.000	S1
F35B	2,80	70	13	1:10.000	S1
M40	4,10	100	16	1:10.000	S1
F40	3,30	75	12	1:10.000	S1
M45	3,90	100	14	1:10.000	S1
F45	2,90	70	13	1:10.000	S1
M50	3,60	85	13	1:10.000	S1
F50	2,70	60	13	1:10.000	S1
M55	3,40	75	12	1:7.500	S1
F55	2,50	50	13	1:7.500	S1
M60	2,90	75	13	1:7.500	S1
F60	2,30	45	12	1:7.500	S1
M65	2,60	60	13	1:7.500	S1
F65	2,10	40	10	1:7.500	S1
M70	2,40	50	12	1:7.500	S1
F70	2,00	35	10	1:7.500	S1
M75	2,20	45	11	1:7.500	S1
F75	1,90	30	9	1:7.500	S1
AMARILLO	2,20	20	8	1:7.500	S2
NARANJA	2,50	30	11	1:10.000	S2
M/F ROJO	2,60	40	12	1:10.000	S2
M/F NEGRO	3,00	70	14	1:10.000	S2



DISTANCE AND CLIMB (SPRINT)

COURSE	Distancie (Km)	Clinb (m)	Control ponits	Scale	Start
ME	4,11	70	27	1/4000	S1
FE	3,43	55	19	1/4000	S1
U10	1,49	15	10	1/4000	S1
M12	1,70	20	10	1/4000	S1
F12	1,69	20	11	1/4000	S1
M14	2,29	35	14	1/4000	S1
F14	1,87	30	10	1/4000	S1
M16-18	2,00	30	11	1/4000	S1
F16-18	1,82	25	9	1/4000	S1
M16	2,91	45	18	1/4000	S1
F16	2,36	35	15	1/4000	S1
M18E	3,32	55	21	1/4000	S1
F18E	2,85	45	15	1/4000	S1
M20E	3,72	40	26	1/4000	S1
F20E	3,10	50	19	1/4000	S1
M21A	3,09	40	17	1/4000	S1
F21A	2,53	40	15	1/4000	S1
M21B	2,49	35	14	1/4000	S1
F21B	1,95	30	12	1/4000	S1
M35A	3,45	55	20	1/4000	S1
F35A	2,75	40	17	1/4000	S1
M35B	2,15	30	11	1/4000	S1
F35B	1,67	20	9	1/4000	S1
M40	3,23	50	18	1/4000	S1
F40	2,62	35	16	1/4000	S1
M45	2,91	50	16	1/4000	S1
F45	2,44	30	13	1/4000	S1
M50	2,70	45	13	1/4000	S1
F50	2,21	25	13	1/4000	S1
M55	2,49	40	15	1/4000	S1
F55	1,95	20	11	1/4000	S1
M60	2,18	40	13	1/4000	S1
F60	1,79	20	9	1/4000	S1
M65	2,00	35	11	1/4000	S1
F65	1,62	20	10	1/4000	S1
M70	1,77	30	10	1/4000	S1
F70	1,59	15	11	1/4000	S1
M75	1,59	30	10	1/4000	S1
F75	1,49	20	9	1/4000	S1
AMARILLO	1,52	15	11	1/4000	S2
NARANJA	2,00	25	11	1/4000	S2
M/F ROJO	2,78	50	17	1/4000	S2
M/F NEGRO	3,31	60	16	1/4000	S2



DISTANCE AND CLIMB (LONG)

COURSE	Distance (Km)	Climb (m)	Control points	Scala	Start
ME	10,92	375	25	1/10000	S1
FE	8,43	225	17	1/10000	S1
U10	2,39	30	9	1/7500	S1
M12	2,54	30	9	1/7500	S1
F12	2,45	25	8	1/7500	S1
M14	4,59	75	11	1/7500	S1
F14	3,59	45	13	1/7500	S1
M16-18	4,96	70	12	1/10000	S1
F16-18	4,24	50	11	1/10000	S1
M16	5,18	90	12	1/10000	S1
F16	4,36	60	13	1/10000	S1
M18E	6,96	115	12	1/10000	S1
F18E	5,70	110	11	1/10000	S1
M20E	8,80	215	15	1/10000	S1
F20E	6,41	195	13	1/10000	S1
M21A	7,91	210	13	1/10000	S1
F21A	5 <i>,</i> 99	145	16	1/10000	S1
M21B	4,68	100	11	1/10000	S1
F21B	4,06	95	11	1/10000	S1
M35A	8,70	275	15	1/10000	S1
F35A	6,63	180	13	1/10000	S1
M35B	5,24	95	12	1/10000	S1
F35B	3,88	95	11	1/10000	S1
M40	7,86	225	13	1/10000	S1
F40	5,94	120	11	1/10000	S1
M45	7,25	230	14	1/10000	S1
F45	5,26	120	11	1/10000	S1
M50	6,35	170	14	1/10000	S1
F50	4,96	95	11	1/10000	S1
M55	5,75	135	12	1/7500	S1
F55	4,22	90	13	1/7500	S1
M60	5,17	125	13	1/7500	S1
F60	4,17	70	10	1/7500	S1
M65	4,76	100	11	1/7500	S1
F65	3,47	65	12	1/7500	S1
M70	4,31	70	10	1/7500	S1
F70	3,24	40	10	1/7500	S1
M75	3,73	50	10	1/7500	S1
F75	2,76	35	8	1/7500	S1
AMARILLO	2,53	25	9	1/7500	S2
NARANJA	3,82	30	11	1/7500	S2
M ROJO	5,13	100	12	1/10000	S2
F ROJO	4,88	90	11	1/10000	S2
M NEGRO	8,20	270	14	1/10000	S2
F NEGRO	7,10	145	16	1/10000	S2



COURSE TECHNICAL CHARACTERISTICS

Typical Mediterranean environment, area between 620 and 814 meters above sea level. Overall mixed of land areas with both large unevenness and strong ramp slopes.

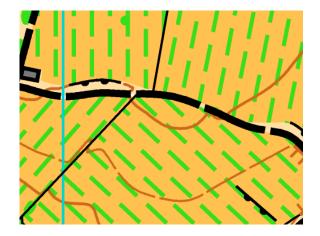


The map shows a very different mix of land crops, fruit trees, grapes, even fallow lands... It could be possible that some mentioned areas could change its vegetation nature, but the overall remains perfectly marked within its limits and does not impact the race.



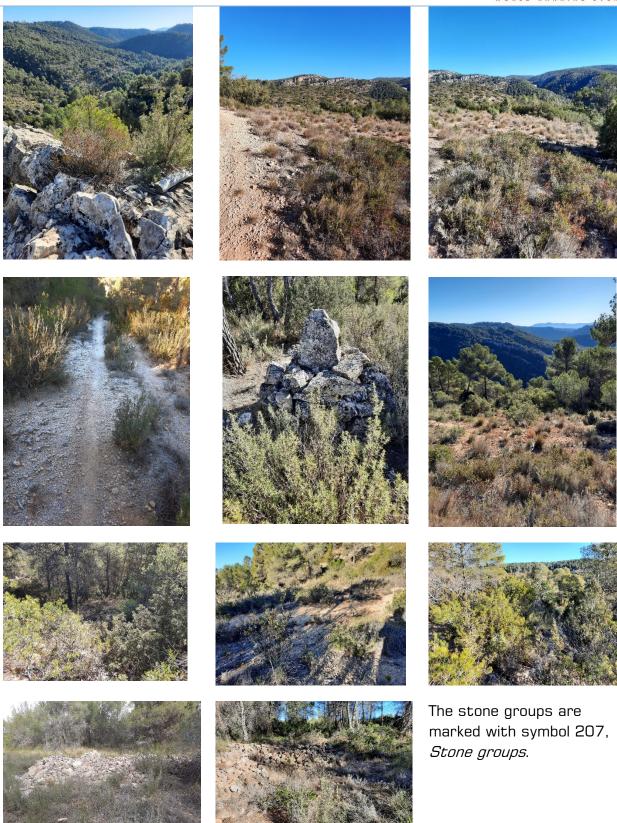


The grape fields are designed in detail with their corresponding plot, showing the runner transit way thru. From time to time, runners may face along their way fences set to fix grapes branches, allowing runners transit in any case, see hereunder figures.











COURSE SETTER'S NOTES

Middle distance (Alex Tello Lacal)

The Half Race competition elapses along the whole course inside a "pine forest", with mainly soft evennesses. Even if not abundant, we may find around some vegetation -mainly rosemary- and from time to time, some stones and branches on the floor. Nevertheless, the overall allows running at an acceptable speed almost all along the course.

The details of overall vegetation (thickness, clear environment, etc.) are large majority and will be basic to navigate, together with the relief form and keeping well the right way on flat areas.

There are two small zones with different characteristics:

One of them is only used by the races ME, FE, M2OE, M35A y M4O. It is an open area well detailed with patches of vegetation (kermes and holm oaks) and little forest.

The other one, visited by more or less half of the races – the longest, included those already mentioned, is a pronounced hillside with disengaged rocks. Here the race speed is clearly reduced due to both the orography and from time to time the vegetation.

Sprint (David de Miguel)

The Sprint race will be held in Requena district, this place offers a perfect field for such a speciality. Combining an area made of avenues with a network of special narrow streets makes this competition a mix area of fast reading and speedy race where the fast decision making and the precise map reading of both the map itself and the control description result key to achieve the best possible times. The race will be held within an urban environment so the speed will only be limited by the map info reading and the specific unevenness of the course. All said we expect a passionate and wild race where all runners should enjoy this spectacular site.

Need to mention that there will be mandatory cross-roads on the most crowded streets to avoid accidents. So it will be totally forbidden to cross the streets on any different ways. In any case all this will be mentioned on the map.

Moreover, there will be a spectator point close to the finish área for the categories M/F-16E, M/F-18E, M/F-20 y M/F-Élite

Long distance (Santiago del Moral)

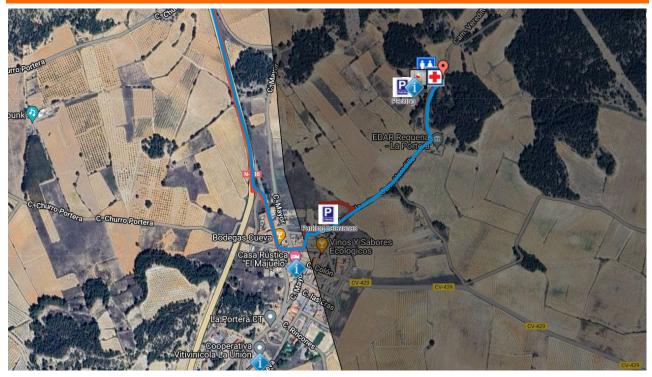
Map with different areas, one basically flat and another one with middle-strong uneveness. The environment is quite open with dense vegetation which slows down runners speed...

There are several points within the courses with road election points, made to offer road choices to runners based upon his/her technical and/or physical condition.

The START will be around 1,400 meters from the competition center, and the FINISH exactly at the competition central área.



COMPETITION CENTER



SERVICES

HARD FLOOR

The hard floor (suelo duro) is located at the municipal sports pavilion. The price of this service is four euros (4€) and includes both nights 8 and 9 March. Toilets, showers and drinkable water are provided.

BAR SERVICE

During the 2 days of the events (Middle and Long Distance), participants and the general public will have at their disposal a refreshment stand with sandwiches and small meals.

BABYRACE:

Close to the finish area, the smaller children can enjoy a route with a distance of 300 to 500 m. and with 6 to 8 controls. This event takes place at 12 noon only on Sunday the 10th. The start will be announced through the sound system. Registration on SICO is mandatory.

DAYCARE CENTRE:

The organization offers a daycare centre to families at no cost, although registrations must be made at the moment of registration.

STREAMING:

The events will be broadcasted by streaming (live broadcast on the Internet) so that they can be watched from anywhere in the world and thus making sure that the viewers lose no details. There will also be a giant screen at the finish area so that the three races can be followed live.



GPS DEVICE:

Some M/W Elite athletes will be given a GPS device. Their names will be published along with the start intervals.

PARKING:

Motor homes and campers must park in the signed area (La Portera):



PARKING FOR SPRINT:





ORGANIZING COMMITTEE

CHARGE	RESPONSIBLE			
GENERAL DIRECTOR	SANTIAGO DEL MORAL			
EVENT DIRECTOR	RICARDO IÑIGUEZ			
ENTRIES	VERONIKA ZEVALLOS			
COURSE SETTER (MIDDLE)	ALEX TELLO			
COURSE SETTER (SPRINT)	DAVID DE MIGUEL			
COURSE SETTER (LONG)	SANTIAGO DEL MORAL			
FIELD TEAM	CESAR VALLE			
STARTS	NURIA CAUS			
LOGISTICS	RAFA VADAURRE			
TIMING	ABEL OTERO – SILVIA MARTOS			
FINISH LINE	JUAN BOTELLA			

Event Adviser IOF: JAVIER USÓN



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